



Know What to Bring to Camp!

We want to make sure everyone is adequately prepared for a great week of summer camp! See below information and details on what you should bring to camp, first day registration, lunch (for Youth Day Camp), and more.

Camp Checklist

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| <input type="checkbox"/> Completed Health Release Form | <input type="checkbox"/> Change of clothing, if needed |
| <input type="checkbox"/> Completed Covid-19 Waiver | <input type="checkbox"/> Sunscreen |
| <input type="checkbox"/> Updated immunization history with physicians signature | <input type="checkbox"/> Water/water bottle |
| <input type="checkbox"/> Shin guards | <input type="checkbox"/> Lunch (for Youth Day Camp only) |
| <input type="checkbox"/> Appropriate footwear | <input type="checkbox"/> Healthy snack (for all Day Camps) |
| <input type="checkbox"/> Rain gear (in case of inclement weather) | <input type="checkbox"/> A great attitude for a fun, exciting week of camp! |

Frequently Asked Questions.

Do I need to come early on the first day of camp?

Yes, please arrive 30 minutes early the Monday of your scheduled camp week. Please bring all paperwork - completed Health Release Form, Covid-19 Waiver, and updated immunization history. On the first day, parents should check in with staff at the registration table to ensure all paperwork is complete before they drop their child off.

Do I need to bring a medical form?

Yes, every camper needs to have a completed medical form signed by a licensed physician to be able to participate at camp. The medical form must have the parent's signature, insurance information, immunization history, and physician's signature to be valid.

What equipment do I need to wear at camp?

All campers must wear the necessary equipment required to play in a real game - this includes always wearing shin guards. Remember to dress for warm weather - light/loose comfortable clothing. Please make sure you have rain gear and additional clothing in your backpack, in the event there is unexpected inclement weather.

Sunscreen should be applied before dropping your camper off each day, and each camper should have extra sunscreen in their bags to re-apply during the camp. All participants will receive a Nike skills soccer ball and a FC Puma Soccer Academy t-shirt.

What food and drink should I bring? Campers are required to bring their own water and water bottles (water will also be provided), lunch (for youth day campers), and a healthy snack. Note: Youth Camp is held outside all day so please make sure lunches are packed accordingly as we cannot refrigerate food.

Additional Questions?

If you have any additional questions, feel free to contact Christian F. Battaglia at christian@fcpumasocceracademy.com.