



## Little Pumas Half Day Camp

Little Pumas is an introductory soccer experience designed to teach 5-7 year olds the basic fundamentals of soccer in a fun learning environment. Through exciting, soccer-related activities and age-appropriate challenges, players learn basic soccer techniques, and develop their core movement and motor skills.

Our experienced coaches know how to balance both teaching and motivating, to help young players begin developing a love for soccer. Activities and games are catered to our Little Pumas, with a shorter camp day to keep them focused and engaged.

### A typical camp day includes:

- Technical skills development (e.g., dribbling, agility, speed, coordination)
- Topics of the Day with demonstration and drills
- Camp games — Including Champions League Tournament 4v4
- Snacks, water breaks, and prizes too!

### Little Pumas Camp Information:

**Camp hours:** 9:00AM - 1:00PM

**Extended hours:** Early drop off available; 7:30AM - 9:00AM

**See camp schedule on the back for more information**

## Youth Day Camp

Youth Camp offers a non-pressured, fun environment with an emphasis on skill development and small-sided games. Our curriculum is built for players at all levels – those new to the game or looking to just have some fun, as well as those who play throughout the year and are looking to advance their skills.

### A typical camp week includes:

- Ball Control (First Touch is Everything)
- Dribbling (Ronaldo/Zidane Moves)
- Passing & Receiving
- Ball Striking
- Champions League 4v4 Tournament
- Teamwork, Fun Activities (and prizes too!)
- Agility/Speed/Coordination
- Soccer Tennis
- Skills Competition
- Goalkeeping Training
- Futsal
- Juggling

### Youth Day Camp Information:

**Camp hours:** 9:00AM - 3:00PM

**Extended hours:** Early drop off; 7:30AM - 9:00AM and extended day; 3:00PM - 4:30PM available

**See camp schedule on the back for more information**



# Know what to bring to camp!

We want to make sure everyone is adequately prepared for a great week of summer camp! See below information and details on what you should bring to camp, first day registration, lunch, and a daily camp schedule.

## Do I need to come early on the first day of camp?

Yes, please arrive at 8:30 the Monday of your scheduled camp week. Please bring all paperwork – completed Health Release Form, Covid-19 Waiver, updated immunization history, contact information. On the first day, parents should check in with staff at the registration table to ensure all paperwork is complete before they drop their child off.

## Do I need to bring a medical form?

Yes, every camper needs to have a completed medical form signed by a licensed physician to be able to participate at camp. The medical form must have the parent's signature, insurance information, immunization history, and physician's signature to be valid.

## What equipment do I need to wear at camp?

All campers must wear the necessary equipment required to play in a real game – this includes always wearing shin guards. Remember to dress for warm weather – light/loose comfortable clothing. Please make sure you have rain gear and additional clothing in your backpack, in the event there is unexpected inclement weather.

Sunscreen should be applied before dropping your camper off each day, and each camper should have extra sunscreen in their bags to re-apply during the camp day. All participants will receive a Nike skills soccer ball and a FC Puma Soccer Academy t-shirt.

**What food and drink should I bring?** Campers are required to bring their own water and water bottles (water will also be provided), lunch (for youth day campers), and a healthy snack. Note: camp is held outside all day so please make sure lunches are packed accordingly as we cannot refrigerate food.

## 2021 Camp Dates

- Little Puma Camp runs 9:00am-1:00pm
- Youth Day Camp runs 9:00am-3:00pm

*Early drop off available for both camps; extended day available for Youth Camp. Costs and options will be provided during online registration.*

		Little Puma	Youth Camp
June 21 - 25	Middleton, MA	\$145	\$275
June 28 - July 1	Waltham/Newton, MA (4 Day)	\$115	\$235
July 19 - 22	Waltham/Newton, MA (4 Day)	\$115	\$235
July 26 - 30	Natick, MA	\$145	\$275
August 2 - 6	Stow, MA	\$145	\$275
August 9 - 13	Norfolk, MA	\$145	\$275
August 9 - 12	Waltham/Newton, MA (4 Day)	\$115	\$235
August 23 - 27	Keene, NH	\$145	\$275

For additional details on camp locations or programs, visit [fcpumasocceracademy.com](https://fcpumasocceracademy.com).



## Register today!

Scan this code with your phone's camera or visit [fcpumasocceracademy.com](https://fcpumasocceracademy.com)

## Additional Questions?

If you have any additional questions, feel free to contact Christian F. Battaglia at [christian@fcpumasocceracademy.com](mailto:christian@fcpumasocceracademy.com).

