



## **FC Puma Soccer Academy Healthcare and Medication Administration Policy**

*FC Puma Soccer Academy will follow all operating procedures put forth by the Health Care Consultant in line with standards set for by the Commonwealth of Massachusetts Recreational camp Guidelines cited in 105 CMR 430.000*

\*Anyone listed as a HCS staff will need training in administering of oral/topical medication, and training for epi-pen and insulin use. Understanding of Hypo/Hyperglycemia , Epi-Pen training will follow the instructions within the manual under First Aid pg 30-34. All Puma staff will be made aware of visual signs for any reactions for hypo/hyperglycemia and brought to the HCS on site for immediate care. Same for any reason that an Epi-pen would be needed ie: anaphylaxis for either environmental or food.

\*Any Medication will only be administered by the HCS after parental permission has been signed. This includes any self administered Medication that the HCS has been made aware of. All medication will be stored in its original container and labeled with instructions for the HCS to follow.

\*All staff will be made aware of different types of allergy situations due to food and or environment. If a camper is having any sort of reaction they will be immediately brought to the HCS on site to take over any first aid that is necessary.

\*FC Puma staff will do visual inspections for any ticks, if found to be embedded they will bring them to the HCS immediately who will remove it. This will be logged into the Med Log book, and parent / Guardian will be notified.

\*Insect repellent will be on site but is the responsibility of the parent to apply to the child if they deem necessary. FC Puma staff will give verbal information to assist younger campers but will not physically apply.

\*Campers are encouraged to bring sunscreen, and apply it prior to attending camp. The FC Puma Staff will give verbal information to assist any camper with the application of sunscreens, but they will not physically apply to any camper. Campers are encouraged to wear hats, take regular water breaks, and use appropriate level of sunscreen

**Reference:** *CMR 105 430.000*

Health Policies:

.159(B) , .163

.160(A)(I)

.160(B)(C)(D)

*Approved by: Jamie Kerr DNP FNPC RN2311281- 4/12/2021*